



Braincalm™ Courses

1. Braincalm™ Intensive

This needs to be completed with the child for 15 minutes a day, 5 days a week for it to be effective with helping the child.

It goes 3 layers deep into the brain and gives long lasting results. It helps to rewire the brain.

2. Braincalm™ Sensory Breaks

These are targeted breaks that work for whatever colour behaviour the child is exhibiting at that time. These breaks take 5/10 minutes and can be completed as many times a day as is needed.

These breaks will only give temporary relief.

3. Braincalm™ Accommodations for the Classroom

This gives helpful methods to help child with S.G.O. in the classroom

A parent who is also trained in Braincalm™ Intensive is in the driving seat.



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www.braincalminstitute.com

support@braincalminstitute.com

01 - 6111575