

The SNA “Quick Fix” Toolbox

4 Items are all that are needed

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| 1. Therapy Ball (yoga) | a) Ball Roll (All Behaviours)
b) Sit and Bounce (Red & Yellow Behaviours)
c) Tummy Roll (Blue Behaviours) |
| 2. Hug & Breath | For all pupils |
| 3. Japanese Fingers | Blue & Red Behaviours |
| 4. Tent | Blue Behaviours – Calming |

For children with ASD

Going into the child’s world so they will come into yours
Find out what they like/have an interest in

