

## Case Study 1

Jack – Mostly Red, Some Blue

How Jack was helped

### 1. Poor Attention – Fidgeting, Bang, Crash, Walloper

9.30am Out for 15 minutes with SNA for Braincalm™ Intensive with 2 other children.

10.30am/11.45am Out with SNA for 5 minutes for a red break – before he gets too fidgety again.

11.15am Out with SET for learning support - 45 minutes

Spent first 5 minutes doing a red break

15 minutes English

5 minutes doing a red break

12.30pm 5 minutes doing a red break

Lunchtime

2 & 2.30pm 2 x 5 minutes red / blue breaks

